

Student Induction Programme Report

JSS College of Pharmacy, Mysuru has organized Student induction and personality development Programme for the newly admitted students for the year 2019-20 from 1st to 6th July 2019. The inauguration of the programme was held on 1st July 2019 at 10.00 am in Sri Rajendra Auditorium, JSS College of Pharmacy, Mysuru.

The Student Induction Programme was inaugurated by **Dr. A R Seetharamam**, Director, paramahansa yoga therapy and counselling centre., Mysuru. In his inaugural address he emphasized on the importance of soft skill and personality development programmes and emphasized on the importance of Yoga to students in their learning stage.

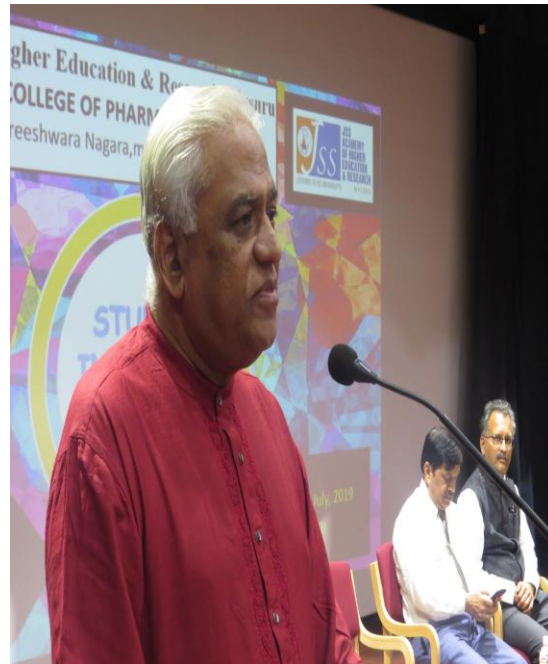
Finally, he suggested students/young minds to work hard in their learning period and motivated them to become a professional pharmacist in future.

The guest of honor of this induction program was **Dr. H. Basavana Gowdappa**, vice chancellor, JSSAHER, Mysuru. With his brief motivational talk, he inspired students to continue their learning till the Doctoral level and mentioned that the students should have aims and objectives to achieve their goals .And at last he quoted “What you dream, you should achieve”

Dr. T.M. Pramod Kumar Principal, JSS College of Pharmacy, Mysuru, presided over the function. In his presidential address, he explained the importance of this program and motivated all the students to actively participate in the entire seven days program.



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The program was coordinated by Mr. DHP Gowda and Dr.M.P.Gowrav, and vote of thanks was given by Mr.B.Mahendran..

After the inaugural function, two lectures about personally development program were organized. **Dr.Venkateshkumar.G**, Retired Professor, Department of psychology, Manasagangotri, Mysuru delivered a talk on “**Empowering the Youth**”, he covered the aspects of personality development, ways and steps to reach the goals were emphasized. He also mentioned that, the students to be expressive any stage of their course.



Followed by **Dr.A R Seetharam**, Director, Paramahansa yoga therapy and counselling centre, Mysuru delivered a talk on “**Stress Management**” and discussed on the concept of self believing, motivating and planning to achieve the goals. He has demonstrated some yoga techniques to reduce headache, spondylitis etc .

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Dr. Sudeendra Bhat, Controller of Examination, JSS AHER, Mysuru explained the process of examination, pattern and their rules and regulations. He also motivated and encouraged students for having planned study schedule for preparing examination. He quoted the importance of father and teacher, who will not be jealous of you when you reach higher position, and he also told hard working is important to come up in your life.



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