

ONLINE Capacity Building Program

Health and Nutrition during COVID-19 & Post COVID-19

Department of Nutrition & Dietetics, Faculty of Life Sciences, JSS AHER

3

Days
Online
Program



Centre of Excellence in Entrepreneurship Development

16th to 18th
September 2021

For Registrations
please click here



Alternate Registration Link:

<https://us02web.zoom.us/meeting/register/tZ0sce6vqT0oGN3vCSLaXX-NAUqzkslpnZ9w>

<https://qr.go.page.link/oDmed>



2021



A+



34th

(University Category)



291-300

31st in INDIA



351- 400

2nd in INDIA

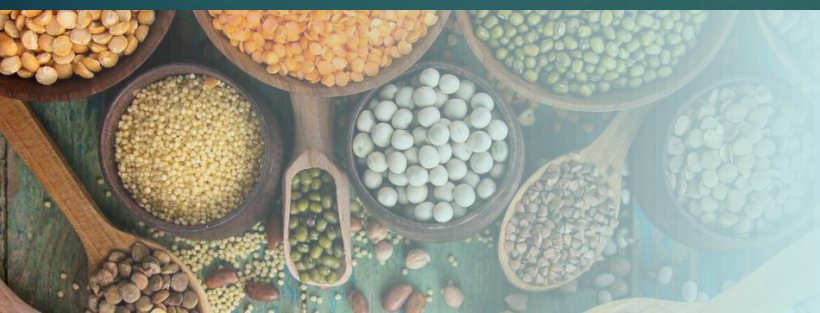


2020
Band A

Rank Band 6 to 25

Structure of the Program

Date/Day	Time	Subject	Faculty
16/09/2021 Thursday	2.30pm-3.00pm	Welcome the Participants, Ice breaking and Introduction of the Participants and Speakers, Introduction to the programme and why it is being conducted and its Importance during COVID-19	Dr.M.B.Gururaj Chief Mentor, TECSOK
	3.00pm-4.30pm	<ol style="list-style-type: none"> 1. What is Malnutrition 2. Malnutrition Status in India 3. Child Malnutrition in India 4. Anaemia among Children 5. Malnutrition and anaemia among women 6. Malnutrition among adolescents and Malnutrition among Pregnant and lactating mothers 7. What is Intergenerational lifecycle of malnutrition 8. What are the causes and consequences of malnutrition for individuals, community and society? 9. Impact of COVID 19 on nutrition status (1 hour+ half hour discussion) 	Ms.Veena Rao IAS(Retd), Director, AURO Centre for Public Nutrition, Public Health and Public Policy
	4.30pm-5.30pm	Various forms of nutritional disorders because of calorie protein micronutrient deficiency and ill health faced during life stage of infancy, adolescence and for pregnant and lactating mothers; nutritional requirements during these life stages and the importance of immunization for children. (45 min + 15 min discussions)	Dr. Shantha Maria Dean of Home Science, Mount Carmel College, Bangalore.



For
Registrations
please scan
or click here



Structure of the Program

Date/Day	Time	Subject	Faculty
17/09/2021 Friday	2.30pm-3.30pm	What are the various Nutritional and Micro-nutrient diseases, their symptoms and treatment? Indicators, methods and tests to assess nutritional status in children, adolescents and pregnant and lactating mothers. (45 min + 15 min discussions)	Dr. Tara Former Director, NIPCCD, Bangalore
	3.30pm-4.30pm	Information about affordable energy and micronutrient foods and their importance for healthy and balanced diet. How to prepare a nutritional chart a nutritional diet with available resources. Explaining about nutritional requirements during COVID-19 and its effects on children, adolescents, pregnant and lactating mothers, adults, elderly and sick. How to prevent dietary deficit during lockdown and post lockdown, especially when the income and availability of nutritive food is scare? (45 min + 15 min discussions)	Dr. Tara Former Director, NIPCCD, Bangalore
	4.30pm-5.00pm	Importance of Hygiene, Safe drinking water, Sanitation and Cleanliness. What are the present practises regarding these among families? How can they be improved?	Dr. Tara Former Director, NIPCCD, Bangalore
	5.00pm-5.30pm	Discussion and finalization of subject for Debate by Students on September 18,2021.	
18/09/2021 Saturday	2.30pm-5.00pm	Debate, Open Discussion, and Feedback from Students.	

Details for Processing the Registration Fee:

Registration fee : Rs. 1500/-

Name of the Account : SPARKLE CINE FOUNDATION

Bank Name & Address: Bank of Baroda, PB No. 40,
Gandhi Square, Mysuru – 570001

A/c Number : 05220200000813

IFSC Code : BARB0MYSORE (Fifth character is zero)

Please email the Transaction Details to : scf@jssuni.edu.in