

Report for the National Symposium

A One-Day National Symposium on “Polycystic Ovarian Syndrome (PCOS) and Menstrual Health Awareness” was conducted on 20, December 2022 by TIFAC CORE in Herbal Drugs and Department of Pharmacognosy, JSS College of Pharmacy, Rocklands, Ooty. This National Symposium was planned for 8 sessions (6 External speakers & 2 Internal speakers) for one day. The details of the sessions and speakers are as follows:

Session 1: Dr. Rajesh Kumar Jha, Principal Scientist, CDRI, Lucknow on “Metabolic and endocrine disorders affecting women; a debilitating issue”.

Session 2: Dr. Naseem A. Siddiqui, Principal Scientist & Business development, CDRI, Lucknow on “CDRI Contribution on Drug Discovery and Development”.

Session 3: Ms. Rupal Tripathi, Research fellow - UGC, CDRI, Lucknow on “Polycystic Ovarian Syndrome and its correlation with Endometriosis”.

Session 4: Ms. Akanksha Singh, Research fellow - UGC, CDRI, Lucknow on “Pathophysiology of Polycystic Ovarian Syndrome”.

Session 5: Mr. Sudarsan Sarkar, Research fellow - UGC, CDRI, Lucknow on “Polycystic Ovarian Syndrome & risk of pre-eclampsia”.

Session 6: Mr. Shashidhar R. Kolar, Project Associate, CDRI, Lucknow on “Polycystic Ovarian Syndrome a sharp stabbing sensation with concealed feelings”.

Session 7: Dr. M. Deepalakshmi, Assistant Professor, Department of Pharmacy practice, JSS College of Pharmacy, Ooty on “Impact of Pharmacist conducted health education on menstruation hygiene management among adolescent girls”.

Session 8: Dr. K. P. Arun, Associate Professor, Department of Pharmacy practice, JSS College of Pharmacy, Ooty on “Mood Swings during Menstruation”.

Totally 195 registrations (Faculty and research scholars) came from 17 Pharmacy colleges and 2 industrial delegates across India. Dr. S. P. Dhanabal, Principal was the chief patron, Dr. Shanmugam R and Dr. Shanker K were the Convener and co-convener respectively. Dr. L. Priyanka Dwarampudi was the organizing secretary for this one-day Symposium. The session was started with inaugural function by lamp lightening followed by welcome address by Dr. K. P. Arun Associate Professor, Department of Pharmacy practice, JSS College of Pharmacy, Ooty and genesis of the symposium was delivered by Dr. Shanmugam R, TIFAC Co-

ordinator, JSS College of Pharmacy, Ooty. The chief guest address was given by Dr. Rajesh kumar Jha, Principal Scientist, CDRI, Lucknow and the felicitation address by Dr. Naseem A. Siddiqui, Principal Scientist & Business development, CDRI, Lucknow and Dr. Shankar Kalakotla, HOD (i/c), Department of Pharmacognosy. The session was ended with vote of thanks by Dr. L. Priyanka Dwarampudi, Lecturer, Department of pharmacognosy, JSS College of Pharmacy, Ooty. Eight sessions were conducted and the parallel 40 poster & 20 Oral presentations were conducted and top 3 oral and poster presentation prizes were given. The session was concluded with valedictory function by vote of thanks by Dr. L. Priyanka Dwarampudi, organizing secretary. The feed back forms were collected from the delegates where the delegates was highly appreciating such kind of events in near future also. The event was highly welcomed by the delegates and expressed their knowledge exchange with the group. This one-day symposium is helpful for adolescent girls and women facing PCOS problems. The sessions also covered how to deal with the symptoms of PCOS and management of the syndrome.



