

## DEPARTMENT OF COMMUNITY MEDICINE

## WORLD BREASTFEEDING WEEK 2023 - 03rd ,04th & 7th Aug 2023



On the occasion of World Breastfeeding Week, a Health Education session was organized at Suttur PHC on 3<sup>rd</sup> August 2023. Dr. Kavya G Upadhya, Senior Resident, Department of Community Medicine and Dr. Ramya M, Medical Officer, Suttur PHC discussed the problems faced by breastfeeding mothers and educated them regarding various aspects of breastfeeding and its importance. Other staffs of Suttur PHC were also present on this occasion. About 30 expectant and lactating mothers attended the session.



## JSS MEDICAL COLLEGE

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| Benefits of Breast Feed<br>Pist feed (colostum)<br>Pist Feed Nais Post DeLINER<br>Pist Feed Nais Post DeLINER | ding throughout the Life Course<br>Understanding the second se | Madhu B<br>Dept. of commu |
|---|--|---------------------------|
| 3 (a) Mature milk<br>APPROXIMATELY IN DAYS AFTER BIRTH  | Accessed   | IT General                |

The Department of Community Medicine, JSSMC had organized a webinar on the occasion of World Breastfeeding Week 2023 on 4<sup>th</sup> August 2023, Friday from 2 – 3 pm. Our Resource Faculty, Dr. Madhu B, Professor, Dept. of Community Medicine and Deputy Dean (Research), JSSAHER gave her valuable insights on the topic "Enabling Breastfeeding: Making a difference for working parents". The webinar was co-ordinated by Dr. Kavya G Upadhya. Around 200 participants from across India registered for the webinar.



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Health education session was conducted at Bannimantap, Urban Primary Health Centre as a part of observation of World Breastfeeding Week on 7<sup>th</sup> August 2023. Phase 2 MBBS students presented a skit on the importance of breastfeeding. The audience included antenatal mothers, postnatal mothers and general public. Dr. Lokesh, Medical Officer, Urban PHC, Reshma Banu, Corporator Bannimantap and other staff were present on this occasion. The event was co-ordinated by Dr. Shruddha, Post graduate, Dept. of Community Medicine; Dr. Kavya G Upadhya and Dr. Mythily M R, Senior Residents, Dept. of Community Medicine .

Bangemet