

Report on Health Screening Camp Conducted at Mysuru City

November 2022

Department of Pharmacy Practice, JSS College of Pharmacy, Mysuru, in collaboration with Indian Pharmaceutical Association (IPA), Mysore Local Branch and NSS Unit of JSS College of Pharmacy, Mysuru organized a Health Screening Camp on 16th November 2022 at three different locations viz., Akashvani Circle, Balbhavan and Lalith Mahal Arch between 06.00 AM and 09.00 AM. The aim of the health screening camp was to sensitize the people about the importance of regular monitoring of health and safe use of medications. During the camp, interested public were screened for blood pressure and blood glucose levels. A total of 270 people were monitored for their blood pressure and blood glucose levels. At the time of monitoring, 91 people were found with elevated blood glucose level and 72 people were found with elevated levels of blood pressure. People who were identified with the elevated levels of blood pressure and blood glucose levels were advised on non-pharmacological management and suggested to consult physician for further diagnosis & treatment. We thank Principal, JSS College of Pharmacy, Mysuru, and IPA, Mysore local branch for their support and encouragement in organizing this camp. 30 students participated in the same.

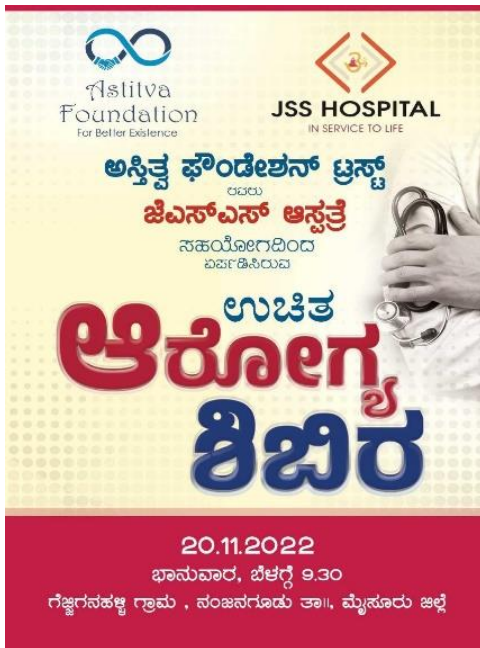




**REPORT ON STUDENTS' PARTICIPATION IN FREE MEDICAL CAMP -
November 2022**

Astitva Foundation Trust in collaboration with JSS Hospital, organized a free medical check-up camp on Sunday, November 20, 2022, at 9.30 AM in Gejjiganahalli, Nanjangud Taluk, Mysuru district. Team of Health Care Professional from JSS Hospital which included Doctors from Department of General Medicine, Orthopedics, and students from Dept. of Clinical Pharmacy participated in the said event. Doctors performed a basic examination and Prescribed medications. Prior to dispensing, the medications were checked for its date of expiry and was dispensed in the right amount to the patients. Patients also received counselling about safe use of medications, their intended uses, and their doubts about medications were answered. About fifteen students participated in the medical camp.

Students gained their first experience by learning how to dispense medications in the community. They also dispensed different formulations for both pediatric and geriatric patients. They also had great opportunity and learning experience to work with our doctors.





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Report on Blood Donation Camp

A blood donation camp was organized on **15th November 2022** by JSS College of Pharmacy, Sri Shivarathreshwara Nagar, Mysuru on the occasion of National Pharmacy Week Celebration in association with Indian Pharmaceutical Association, Mysuru Branch. The program was inaugurated by Dr. Pallavi, Blood Bank Officer, JSS Hospital, Mysuru,



Dr. Pallavi, Blood Bank Officer, JSS Hospital, Mysuru, Dr. G V Pujar, Vice Principal, JSS College of Pharmacy, Mysuru, The Heads from Various Departments of JSS College of Pharmacy, Mysuru, Dr. Umesh M, Coordinator of Blood donation camp & Dr Chandan R S National Pharmacy Week Coordinator, JSS College of Pharmacy, Mysuru, Indian Pharmaceutical association, Mysuru local branch witnessed the occasion. The staff and guests from our college were present during the occasion. More than 100 volunteers Registered for camp with a total of 61 units of blood was collected from the students and staffs. Dr. U R Rakshith & Dr Siddhartha NSS Program Officer, Blood Bank Officers of JSS hospital were the other guests who were present in the program.



Glimpses of volunteers actively participating during blood donation camp

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Report on Awareness Program on Safe Use of Medicines & Distribution of Free Medicines for the Minor Ailments

As a part of 61st National Pharmacy Week Celebration in association with Indian Pharmaceutical Association, Mysuru Branch in association with NSS Unit of JSS College of Pharmacy, Mysuru awareness Program was organized on 17th November 2022 on safe use of medicines and Distribution of Free Medicines for the Minor Ailments. The aim of the awareness program was to sensitize the General Publics of Hanumanth Nagar about the safe and quality use of medications. The awareness programs begin at the primary health care center in Bannimantappa Mysuru.



The health care professionals and general publics were sensitized on safe & quality use of medicines. During the program, Publics of Bannimantappa were also provided with free medications for Minor ailments like Fever, Body pain, cold cough and headache in a separate cover mentioning its name, purpose and usage instructions and same was well received by publics. Dr. U R Rakshith & Dr Siddhartha NSS Program Officer, NSS Unit of JSS College of Pharmacy, Mysuru Volunteers were present during the camp. 25 Volunteers participated.



Distributing the medicines to patients in Primary Health care center, Bannimantappa Mysuru



NSS Volunteers providing information on safe and quality use of medicines to general Publics in Bannimantappa Mysuru

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Report on Government Against Drug's awareness Campaign

Government of Karnataka, Vijaya Karnataka News Paper, in association with NSS Unit of JSS College of Pharmacy, Mysuru an awareness campaign was organized entitled “**Government Against Drug**” on 7th December 2022. The main of this campaign was to sensitize the general publics of Mysuru city on Drug abuse and Drug Addiction, prevention strategies’ and management of conditions. The campaign was started at 8.30am in Kote Anjayana Swamy Temple followed by rally from Kote anjayana swamy temple to kalamandir. During this program our NSS Students Volunteers and NSS Program officers sensitized the general publics on drug abuse and drug Addiction. 20 student voluneeters participated in the same



To take part in this campaign students and staffs from different colleges in Mysuru city participated voluntarily. We thank Principal, JSS College of Pharmacy, Mysuru and NSS Program officers and NSS Student Volunteers for active participation in this rally.



NSS Students and NSS Program Officers during the campaign

ADR Monitoring Centre & Regional Training Centre for South Zone, Pharmacovigilance Program of India, PvPI, Department of Clinical Pharmacy, JSS Medical College & Hospital, Mysuru and JSS College of Pharmacy, JSS AHER, Mysuru organized the series of events as a part of National Pharmacovigilance Week 2022 with the theme ‘Encouraging Reporting of Adverse Drug Reactions by the patient’. List of the events are mentioned below.

Date	Name of the Event	Theme
17 Sept 2022	Awareness for healthcare professionals on “Patient Safety”	Reporting of Adverse Drug Reactions
18 Sept 2022	E - Quiz Competition	Pharmacovigilance
19 Sept 2022	E - Poster Competition	Patient responsibilities in safe use of medications
20 Sept 2022	Elocution Competition	Who is responsible for safe medication use
21 Sept 2022	Skit/Street play in public place	Reporting of ADRs and Medication safety
22 Sept 2022	Webinar	‘Patient Safety’
23 Sept 2022	Walkathon	Reporting of Adverse Drug Reactions by general public

Reports of Individual Events Organized during National Pharmacovigilance Week 2022

17th September 2022

Awareness for healthcare professionals on Patient Safety

As part of National Pharmacovigilance Week-2022, the awareness sessions were conducted across the hospitals in Mysuru. The senior faculties of selected Hospitals delivered their video messages in English and Kannada languages for the benefit of general public on the safe and quality use of medicines and importance of adverse drug reactions and their reporting. These videos were circulated to the groups of doctors, patients and shared on various social media for conveying the importance of patient safety on 17th September 2021.



Uploaded Videos in the social media

E-Quiz Competition

18th September 2022

Theme: Pharmacovigilance

As a part of National Pharmacovigilance Week 2022 E - Quiz Competition was organized on the theme “Pharmacovigilance”. A total of 11 teams (3 in each team) participated for the quiz. The competition was held over 5 rounds, which were as follows: Round 1: Preliminary round, round 2: General round, round 3: Pharmacovigilance & Regulations, round 4: Important dates & places, round 5: Unique ADR's

List of Winners:

1. Ms. Vyshakhi & team (Nikita, Vaishaki, and Parth Patel), JSS College of Pharmacy, JSS AHER, Mysuru.
2. Ms. Muskan & Team (Anik Some, Shobitha G K, and Muskan), JSS College of Pharmacy, JSS AHER, Mysuru.
3. Ms. Dhivya & Team (Dhivya M, Neha Pethad, and Bindu V M), JSS College of Pharmacy, JSS AHER, Mysuru.



19th September 2022

E - Poster Competition

Theme: Patient responsibilities in safe use of medications

As a part of National Pharmacovigilance Week 2022 an E - Poster competition was organized on the theme "Patient responsibilities in safe use of medications". A total of 18 participants registered for the competition and seven participated attempted for the E – poster. The e-posters were evaluated for parameters like clarity, content, adherence to theme etc., The session ended with the closing remarks by **Mrs Shilpa Palaksha**, Department of Pharmacy Practice, JSS College of Pharmacy, JSSAHER, Mysuru emphasizing on the theme and its importance towards the patient safety.

Jury Members:

1. **Mrs Seema**, Department of Pharmacology, JSS College of Pharmacy, JSSAHER, Mysuru.
2. **Dr. Srikanth M S**, Department of Pharmacy Practice, JSS College of Pharmacy, JSSAHER, Mysuru.

List of Winners:

1. Ms. Bijisha Baburaj Nair, JSS College of Pharmacy, JSS AHER, Mysuru.
2. Ms. Jignasa Chiramana, JSS College of Pharmacy, JSS AHER, Mysuru.
3. Ms. Kamakshi Shriya, JSS College of Pharmacy, JSS AHER, Mysuru.



20th September 2022

Elocution Competition

Theme: Who is responsible for safe medication use?

As a part of National Pharmacovigilance Week 2022 Elocution Competition on the theme “Who is responsible for safe medication use?” was organized. A total of 13 students registered for the Elocution Competition.

Jury Members:

1. **Dr. Jaidev Kumar BR**, Lecturer, Dept. of Pharmacy Practice, JSS College of Pharmacy, JSS AHER, Mysuru
2. **Mr. Balaji S**, Lecturer, Dept. of Pharmacy Practice, JSS College of Pharmacy, Mysuru.

List of winners of Elocution Competition:

1. Ms. Dhivya, JSS College of Pharmacy, JSS AHER, Mysuru
2. Ms. Muskan, JSS College of Pharmacy, JSS AHER, Mysuru
3. Mr. Tarun D, JSS College of Pharmacy, JSS AHER, Mysuru



21st September 2022

Street Play

Theme: Reporting of ADRs and Medication safety

As a part of National Pharmacovigilance Week 2022, Street play was organized to sensitize the public about reporting of ADRs and Medication safety in local language (Kannada) at Vanivilas park, opposite to the District Sessions Court, Mysuru. Using different scenarios, the patients' identifying the adverse reaction and taking appropriate measures were depicted in the plays. The narrator then briefed the public about mishaps that can occur with the use of drugs, especially OTC medications and the importance of providing all pertinent therapy information to the doctor as well as the dispensing pharmacist. At the end of the play staff members, **Dr. Umesh & Dr. Jaidev** made aware to the public about the National Pharmacovigilance Week celebrations and the importance of the patient perceptions in the healthcare process. They also solicited questions from the public and answered their doubts regarding medications and their use. 15 students participated in the same.



Participants during the street play

22nd September 2022

Webinar on 'Patient Safety'

Theme: Enhancing ADR reporting by patients and direct patient reporting in pharmacovigilance

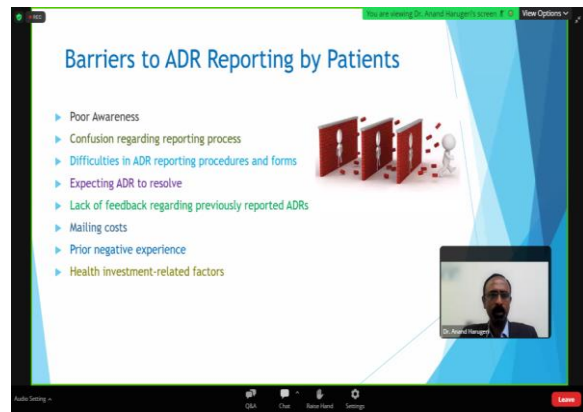
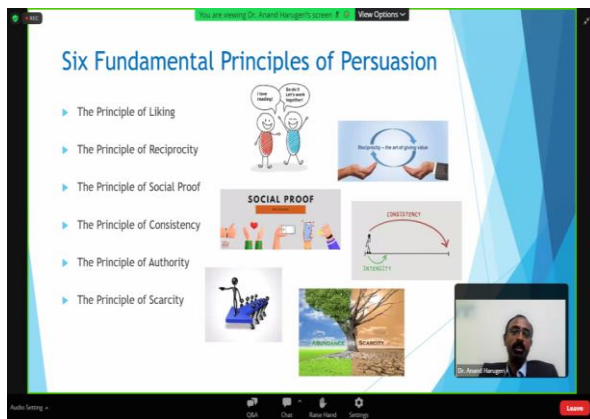
As a part of National Pharmacovigilance Week 2022 Webinar on Patient Safety with the theme Enhancing ADR reporting by patients and direct patient reporting in pharmacovigilance was organized.

The program started with a welcome address by **Dr. R.S. Savitha**, followed by the opening remarks by **Dr. T.M. Pramod Kumar**, Principal, JSS College of Pharmacy, JSS AHER, Mysuru who briefed the participants about the objectives of the webinar.



Dr. Pramod Kumar TM briefing the session

Dr. Sriharsha Chalasani, Deputy Coordinator, AMC, JSS Medical College & Hospital, Mysuru introduced the speakers. The first speaker, **Dr. Anand Harugeri**, Director Service Operations PV Project Leadership and Strategic Solutions, IQIVIA, Bengaluru, India delivered the talk on the topic '*Enhancing ADR Reporting by Patients*'. During his talk he explained about the value of ADR reporting by the patients, commonly noted barriers and challenges to ADR reporting by patients, and how to motivate ADR reporting by patients. Additionally, Dr. Anand briefed about educating patients to enhance awareness on reporting, to develop reporting schemes for patients and also to promote the system of reporting amongst patients.



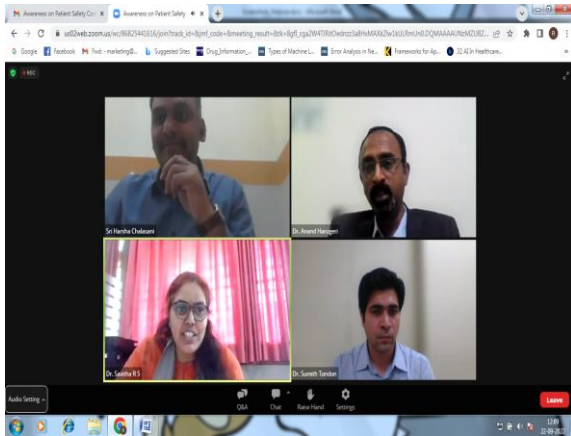
Dr. Anand Harugeri during his talk

The second session of the webinar was on the topic **‘Direct Patient Reporting in Pharmacovigilance’** by **Dr. Sumit Tandon**, Senior Manager, Clinical Research & Pharmacovigilance, Serum Institute of India, Pune, India. During his talk, Dr. Sumit gave an overview of Pharmacovigilance and then continued with the need for post-marketing pharmacovigilance, the different shortcomings of traditional HCP reporting, the change in trends, different methods for reporting and the advantages of direct patient reporting.



Dr. Sumit Tandon during his talk

The last session of the webinar was a question-and-answer session, and the session was encouraging and the panellists addressed all the questions raised by the participants.



Question answer session conducted.

Dr. Savitha R S announced the winners

The webinar ended with the announcement of the winners of the quiz, e-poster and the elocution competitions that were conducted during the National Pharmacovigilance Week.

Dr. R.S. Savitha announced the winners and gave the closing remarks.

23rd September 2022

Walkathon

Theme: Encouraging adverse drug reaction reporting by patients

As a part of National Pharmacovigilance Week 2022 walkathon was organized with a theme “encouraging adverse drug reaction reporting by patients”. A total of 70 students and staff participated in the event. The walkathon was flagged off from the college campus and the congregation covered a total of 5 kms by passing through Sri shivarathreshwara nagar, Hudco, Hanumantha Nagar and Bannimantap Primary Health care center. They visited the community pharmacies on the way and distributed leaflets on ADR reporting and monitoring. The students also went in groups to houses in the area and briefed about the National Pharmacovigilance Week, its theme and encouraged the householders to report adverse drug reactions to the Adverse Drug Reaction Monitoring Centre (AMC) & Pharmacovigilance Program of India (PvPI). A total of 700 houses were visited by the staff and students.



An awareness program was conducted at Manipal Hospital, Mysuru. **Dr. Upendra Shenoy**, Consultant - Cardiothoracic And Vascular Surgery, Manipal hospital welcomed & introduced **Dr. Sri Harsha Chalasani**, Deputy Coordinator, RTC – AMC, JSS Medical College & Hospital, Mysuru and **Dr. Ascharya Chintalapati** Pharmacovigilance Associate, JSS Medical College & Hospital, Mysuru to the team.

Later, **Dr. Sri Harsha Chalasani** discussed about the medication errors, their categorization and reporting. The recent statistics of Medication error reporting rate and effecting the patient safety and current trends in minimizing the errors in regards to reduce the patient harm and the role of healthcare professionals and their collective responsibility to reduce the errors. Followed by he discussed about the Adverse Drug Reaction reporting and the way how each report will help in signal detection & generation in course of time. He also emphasised on the cost-effective analysis of medication which reduces the burden on patient. The interaction carried out with the question & answers sessions and feedback received from the doctors & nurses of Manipal hospital and they were happy to hear & participate for such informative sessions.



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Report on YOGATHAN 2023.

Government of Karnataka organized Yogathan 2023 on 15th January 2023 at race course from 6.30am. The main of this event is to raise awareness about this ancient practice and to celebrate the physical and spiritual prowess that yoga has brought to the world. Yoga is a practice which plays an important role in relaxing the mind and body and boosting people's immune system.



The event was inaugurated by Hon'ble District in- Charge minister ST Somashekar, and inaugural speech was given by Deputy commissioner followed by speech by ST Somashekar. After completion the warm up exercises were taken and all the participants practiced & performed sitting and standing asanas, importance of these were explained simultaneously. The Yoga teacher addressed the participants on the importance of yoga practice in our life. They also encouraged students to practice regular yoga to remain fit and improve concentration. All Faculties, Staff and volunteers were taught the importance of Yoga in their life & how to

maintain the harmony between body and mind. The students discussed the importance of yoga and also exhibited yoga postures and promised to introduce this activity in their daily lives. This event was very useful for our NSS Volunteers, Teaching and non- Teaching staffs of JSS College of Pharmacy, Mysuru.



During Yoga session in race course

Report on Outreach Program on
‘Awareness Program on Cervical Cancer & HPV Vaccine’

As part of the Golden Jubilee Celebrations of JSS College of Pharmacy, Mysuru and the International Month of Cervical Cancer Awareness, Department of Pharmacy Practice, JSS College of Pharmacy organized an awareness program on “Cervical Cancer and HPV Vaccine” at Maharani’s Arts College for Women on 25th January 2023. The awareness program was organized with an objective to sensitize girl students on cervical cancer, their risk factors and preventive strategies including vaccination. The speakers for the awareness program were Dr Acsah Annie Paul and Mr Balaji S, Lecturers at JSS College of Pharmacy, Mysuru.

The programme began with the opening remarks and welcome address by Dr K Srinivas, Principal, Maharani’s Arts College for Women. It was inaugurated formally by watering a sapling by the speakers.



Inauguration of the awareness program

The speakers were then invited for the talk. Dr Acsah Annie Paul started her session by describing what is cervical cancer and its prevalence worldwide. She then provided an insight on the common risk factors, signs and symptoms, stages and treatment for the same.



Dr. Acsah Annie Paul & Mr. Balaji S during their session

The next session was taken by Mr. Balaji S, who began his talk by describing the preventive strategies for cervical cancer and stressing on the importance of vaccinating against Human Papilloma Virus (HPV). He also provided information on screening guidelines for cervical cancer and the available brands of HPV Vaccine in India.

At the end of the session, students were given an opportunity to ask questions, and the speakers interacted with the participants to clarify their doubts. Around 200 students attended the program.



Students attending the awareness program

The feedback was very positive and a certificate of appreciation was provided to the college for providing an ideal platform for arranging the program.

Report on Outreach Program on
‘Awareness Program on Cervical Cancer & HPV Vaccine’

The Department of Pharmacy Practice, JSS College of Pharmacy, Mysuru organized an awareness program on “Cervical Cancer and HPV Vaccine” as part of the Golden Jubilee Celebrations of JSS College of Pharmacy, Mysuru and the International Month of Cervical Cancer Awareness. The program was held at MMK & SDM College for Women on 28th January 2023. The awareness program was organized with an objective to sensitize girl students on cervical cancer, their risk factors and preventive strategies including vaccination. The speakers for the awareness program were Dr Acsah Annie Paul and Mr Balaji S, Lecturers at JSS College of Pharmacy, Mysuru.

The programme commenced with the opening remarks and welcome address by Dr Sainath Madegalaru, Principal, MMK & SDM College for Women. The speakers were then invited for the talk. Dr Acsah Annie Paul started her session by describing what is cervical cancer and its prevalence worldwide. She then provided an insight on the common risk factors, signs and symptoms, stages and treatment for the same.



Dr. Acsah Annie Paul & Mr. Balaji S during their talk

The next session was taken by Mr. Balaji S, who began his talk by describing the preventive strategies for cervical cancer and stressing on the importance of vaccinating against Human Papilloma Virus (HPV). He also provided information on screening guidelines for cervical cancer and the available brands of HPV Vaccine in India.



Students attending the awareness program

At the end of the session, students were given a platform to ask their queries, and interact with the speakers to clarify their doubts. About 150 students attended the program.



Certificate of Appreciation presented to the college

The response to the program was very positive and a certificate of appreciation was provided to the college for providing an ideal platform for arranging the program.

Report on Outreach Program on
'Awareness Program on Cervical Cancer & HPV Vaccine'

Department of Pharmacy Practice, JSS College of Pharmacy held an awareness session on "Cervical Cancer and HPV Vaccine" as part of the Golden Jubilee Celebrations of JSS College of Pharmacy, Mysuru, and the International Month of Cervical Cancer Awareness. The event took place on January 28th 2023 at JSS College of Arts for Women. The goal of the awareness campaign was to educate female students about cervical cancer, risk factors, and preventive measures including immunisation. Dr Acsah Annie Paul and Mr Balaji S, Lecturers from JSS College of Pharmacy, Mysuru, spoke during the awareness programme.

Dr H B Suresh, Principal, JSS College of Arts for Women, gave the opening comments and a welcome message to the audience to commence off the programme. Then the speakers were given an invitation to speak. Dr Acsah Annie Paul began her session by defining cervical cancer and its prevalence in different parts of the world. She continued by describing the common risk factors, symptoms, stages, and treatments for the condition.



Dr Acsah Annie Paul & Mr Balaji S during their talk

The following session was led by Mr Balaji S. He began by outlining cervical cancer prevention measures and highlighting the need of getting vaccinated against the human

papilloma virus (HPV). Additionally, he gave details on the brands of HPV vaccines that are offered in India as well as recommendations for cervical cancer screening. At the conclusion of the event, students were given an opportunity to ask questions and interact with the speakers to clarify their doubts. About 80 students attended the program.



Certificate of Appreciation presented to the college

The programme had an overwhelmingly good response, and the college was given a certificate of appreciation for providing an ideal platform for the same.

Report on 'Awareness Program on Use of Menstrual Cups'

Theme: Women Empowerment - A step towards sustainability

As part of the Golden Jubilee Celebrations of JSS College of Pharmacy, Mysuru (JSSCPM) and embarking the women's day celebrations, Dept. Pharmacy Practice, JSSCPM in association with Internal Compliance Committee (ICC) of JSS Academy of Higher Education & Research (JSS AHER), Mysuru organized an awareness program on use of Menstrual Cups with the theme Women Empowerment - A step towards sustainability on 24/03/2023 at Sri Rajendra auditorium, JSS College of Pharmacy, Mysuru. Ms. Harshanisha P of Tuqqin, Bengaluru was speaker for the program.



During Inauguration of Awareness Program

The program was inaugurated by Mrs. Kokila M S, Deputy Director, JSS AHER and Dr. Vidya C S, Professor & Head, Department of Anatomy, JSS Medical College. During the session Harshanisha P gave a brief introduction of her start-up Tuqqin for menstrual cups. Following which she spoke about what is menstrual cups, how to use it, its benefits. She also provided information regarding the reliability, durability of menstrual cup which is made in India with approval from the regulatory authorities. Following the talk, she demonstrated the technique to

use the menstrual cups later forum was opened for discussions with various questions by the participants.

The program was attended by more than 300 participants which comprised of JSS AHER officials, teaching, non-teaching staff and students of constituent colleges of JSS AHER, Mysuru.



Ms. Harshanisha P during demonstration of menstrual cups



Suttur Jathra-2023

Suttur Jathra festival was celebrated for six days between 18-01-2023 to 23-01-2023 at Sri Suttur Srikshetra where more than thousand people visited the Jathra celebrations during these days. The JSS College of pharmacy, Mysuru had put up an Exhibition stall in the Suttur Jathra festival showcasing the various courses and activities of different departments of JSS College of Pharmacy, Mysuru in the Suttur Jathra Exhibition. It was inaugurated by His Holiness Sri Jaya Rajendra Swamiji & Dr. C G Betsurmamath, Executive Secretary of JSS Mahavidyapeetha on 18-01-2023 at 04:00 PM in the presence of other delegates and swamijis who graced the occasion.



More than thousands of people /devotees visited the stall everyday and they were educated on the various courses offered by the college, the minimum qualification required to join the course and various job opportunities available for pharmacists were highlighted to them.

The public /devotees were also educated on the role of each department of the college and their goals and objectives and their importance were explained to them. The public were also educated on safe use of medicines, Safety precautions to be taken on using medicines in elderly population, how to safely store the medications away from the reach of children's. The farmers were educated on how to safely use the pesticides and what are the preventive/precautionary measures to be followed to avoid the toxicity while using pesticides for farming. General public were informed about the various activities carried out at department of pharmaceutical chemistry related to Modern research and innovation of new drug molecules and the different steps followed to discover a new drug. We explained about the different types of pharmaceutical preparations which are discovered by pharmaceutical chemistry department and developed to various types of new formulations by using different methods of manufacturing of these different pharmaceutical dosage forms.



General public were informed about the various activities carried out at department of pharmaceutical chemistry related to Modern research and innovation of new drug molecules and the different steps followed to discover a new drug. We explained about the different types of pharmaceutical preparations which are discovered by pharmaceutical chemistry department and developed to various types of new formulations by using different methods of manufacturing of these different pharmaceutical dosage forms. Educated the general public on recent advances and various tests carried out to check the safety and efficacy of various types of dosage forms which are developed by the pharmaceuticals department by testing these formulations or dosage forms and identify their toxicity and effectiveness in animals before they are suitable to be used by human beings. We highlighted and educated the general public on various types of new pharmaceutical preparations which are also available in the nature from plant origin, Animal origin, mineral origin and synthetic origin. The modern process of extraction of these medicines from these resources and about various types of medicinal plants which are available in nature. We Created awareness among the general public on various services rendered by our department. We educated the general public on various diseases and its management by orally explaining to them and also by providing the patient information leaflets on 14 types of disease conditions generally seen like Diabetes Mellitus, Hypertension, Asthma, Rheumatoid Arthritis, COPD, Peptic Ulcer Disease etc.,

We also created awareness about & Poison Information Centre &Its services like providing poison information and treatment protocol to the doctors for management of different types of poisoning cases, first aid treatment for different types of poisoning substances and its toll free Number and the Google Play App where you can get access to different types of Poison treatment protocol and 24 hours' free services provided by poison information centre.



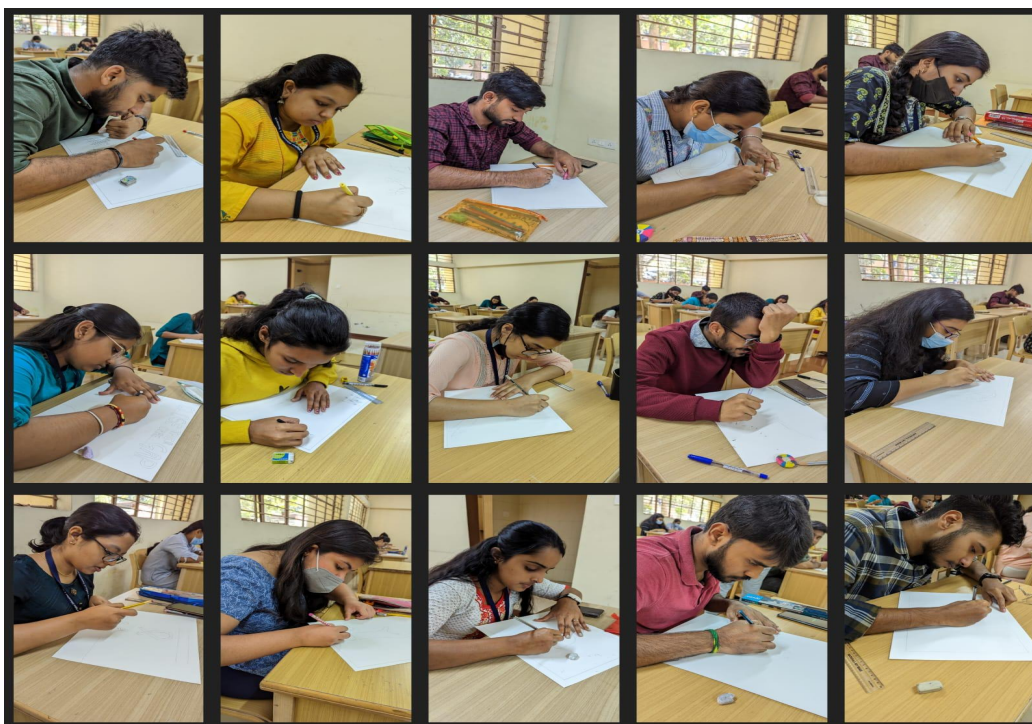
Feedback or Suggestions were collected from all the people/farmers /villagers and majority of them had given their opinion as the information provided was useful and helpful for them .The village people and the farmers were keen on the Poison Information Centre present in our hospital and informed that they would call up the toll free number of Poison information centre and collect the information on Various First aid Measures for Snake bite, Accidental Poisoning, Suicidal Poisoning etc., and also on various information on poisonous substances. Each department staff and students were posted for duty in the exhibition stall and they highlighted their duties and responsibilities to the general public .

The Suttur Jathra Exhibition committee honored us for active participation and actively involving in educating and creating awareness in general public during the Suttur Jathra-2023 and rewarded our college with an appreciation certificate for participating and educating and creating awareness among the public who visited the Suttur Jathra Exhibition.

Report on Drawing Competition on World Cancer Day

‘Close the Care Gap’

Department of Pharmacy Practice, JSS College of Pharmacy as part of the Golden Jubilee Celebrations and to commemorate World Cancer Day organized a Inter-college Drawing Competition themed "Close the Care Gap" on 4th February 2023 at JSS College of Pharmacy, Mysuru. The competition was organized in accordance with the international theme for World Cancer Day 2023 to orient and create awareness on cancer among students and to recognize the need to close the gap of care between health care professionals and patients.



Participants during the drawing competition

About 35 students registered for the competition and 31 students participated for the same. The participants exhibited their talents, skills and creativity during the competition with different art styles like pencil sketching, water color painting etc. At the end of the competition, the participants art works were judged based on the interpretation of the theme, creativity and skills by three judges. Winners were announced and a certificate of appreciation were provided.



Winner receiving the certificate of appreciation from the judges

The programme had an overwhelmingly good response and all the participants received a certificate of participation. The best 5 drawings were displayed on the student wall magazine “STUMAG”.

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WALKATHON

As a part of 52nd Annual Conference of Indian Pharmacology Society an International Conference on the theme “**Future Challenges of Pharmacology for Health and Well-being**” **WALKATHON** was organized in association with NSS Unit JSS College of Pharmacy on 24th February 2023 from Kote Sri Anjaneya Swamy Temple to JSS College of Pharmacy. The walkathon was inaugurated by Sri Javagal Srinath at 6.30 AM and ends by 8.30 AM. A Total 200 NSS Volunteers & 100 Registered delegates were actively participated. The Volunteers and delegates won few prizes during the event. Over all the event was successful.



Report on Ayurvedic Medical Camp

The NSS Unit JSS College of Pharmacy in association with JSS Ayurvedic Hospital and College organized a medical camp at Mahadevapura village Shrirangapattana taluk, Mandya district on 18th March 2023 at in the rama manidar temple from 10.00am -1.30pm. 50 students participated in the same.



During the medical camp different specialties from JSS ayurveda hospital and college Consultants treated for various disease like knee joint pain, Lower back pain, Skin problems, Varicose veins, General weakness and free medicines were provided to the patients. The camp was benefited 300 villagers

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Report on Health Screening camp at NSS Annual Special Camp

NSS Unit JSS College of Pharmacy, Mysuru and Department of Pharmacy Practice Organized Health screening camp on 17th March 2023 at Mahadevapura Village, Shri Rangapptana Taluk Mandya District between 10.00 am to 1. 00pm. The aim of the health screening camp was to sensitize publics on importance of regular monitoring of health and safe use of medications to Improve the health-related quality of life among Mysuru publics. A Total of 200 Villagers were monitored for their blood pressure & blood glucose levels. 250 students have participated



At the time of monitoring around 80 villagers to be having elevated blood glucose levels & 87 villagers of them were having elevated blood pressure. Villagers who were identified with the elevated blood pressure and blood glucose levels were advised Non- Pharmacological Management & suggest to consult the physician for future diagnosis and management.

Report on Drug and Poison Information

The NSS Unit JSS College of Pharmacy in association with Department of Pharmacy Practice organized lecture on Drug and Poison information at Mahadevapura village Shirangapattana taluk, Mandya district on 17th March 2023 at 6.30pm in the rama manidar temple.

Dr M Umesh Assistant Professor from Department of Pharmacy Practice gave the lecture on snake bite and its management followed by first aid methods for the varieties of poisons substances. 50 students participated in the same



Overall the villagers was active and interacted actively and the event was successful.

Report on Educational awareness programme on Menstrual Hygiene

The NSS Unit JSS College of Pharmacy, Mysuru in Association with the Department of Pharmacy Practice conducted educational awareness programme on Menstrual cup usage & hygiene for girl students of JSS College of Life Sciences, Mysuru on 28th March 2023. at Ballenahalli Village of Srirangapatna Taluk, Mandya District. This activity was held during the two-day National Service Scheme (NSS) camp that was jointly conducted by JSS Colleges of Pharmacy and Life Sciences in association with JSS Academy of Higher Education and Research, Mysuru. **Dr. Savitha R S**, Head of the Department of Pharmacy Practice coordinated and assembled the components of the program This exclusive women's program was intended to bring awareness to women residing in rural area about their reproductive health, which pertains to indicator 3.7 of 'Sustainable Development Goals (SDG) 3: Good Health & Well-being'. Information about the following topics was provided in the program.

1. Menstrual Hygiene
2. Nutrition for Women's Health



Both staff and students attended the awareness programme. The advantages and importance of menstrual cup usage in regular lifestyle was discussed. Menstrual cups are eco-friendly and cost effective. 10 students participated in the same.



Research Scholars, and Residents of the department played animation and other informational videos on menstrual hygiene and Nutrition for women's health. A lecture on Do's and Don't's during menstruation using power point presentation was also done. An educational leaflet on menstrual hygiene and practice, nutrition for women and use of menstrual cups were showed during the sessions. The program was well received by the people of the village, and we are hopeful that the activity has improved the knowledge of women and encouraged them to seek medical care when necessary.



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Report on Dental Camp

The NSS Unit of JSS College of Pharmacy, Mysuru In association with JSS Dental Hospital and College organized a Dental Camp on 20th March 2023 at Mahadevapura Village, Shri Rangapptana Taluk, Mandya District. During this camp the dentist from various department screened for 300 villagers for various problems like tooth ache, teeth filling, teeth sensitivity and tooth extractions.



Overall the dental camp was successful the villagers gave the response in positive way.

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Medical Health Camp

NSS Unit JSS College of Pharmacy in association with JSS Hospital and College organized Medical Health camp at Mahadevapura Village on 21st March 2023. The total of 200 villagers took benefited from this event during this camp the senior residents from and post graduate students from the medicine, general surgery, orthopaedics, paediatrics were present. The medical camp screened for various disease in their speciality over all the event was very successful.



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Report on Swachta Program at NSS Annual Special Camp

The NSS Unit of JSS College of Pharmacy, Mysuru on 19th March 2023 Organized Swachta program at Anand Alvar Education Institution Premises at Mahadevapura Village, Shri Rangapattana Taluk, Mandya District The main aim of this occasion to clean the premises of the education institution.



On this occasion full school campus was cleaned and over the head master were quite happy for our NSS Activities.50 students participated in the cleaning program.

NSS Report

The State Government of Karnataka offers various schemes to provide health benefits to residents of the state. A few popular schemes include Vajpayee Arogya Shree, Rajiv Arogya Bhagya Scheme, Jyothi Sanjeevini Scheme, Janani Suraksha Yojana, etc.

Providing comprehensive medical cover to all its citizens has been the objective of the Karnataka government and in achieving this, it has garnered the reputation of being a pioneer in the delivery of public health service in the country. Even before the Central Government was able to conceptualise the establishment of primary health centres, the Karnataka government had established a good number of Primary Health Units. These units deliver comprehensive healthcare services comprising of Preventive, Curative, Promotive, and Rehabilitation health care to the residents of the state.

The Health Department of Karnataka holds the belief that health is a valuable asset of every community and hence, it renders below services as part of its 'Common Minimum Needs Programme'. These services are administered through a network of health and medical institutions to the people living in the state.





Report on Quality Education

NSS Unit JSS College of Pharmacy in association of Department of Pharmaceutical Chemistry organized the street play at Mahadevapura village Shrirangapattana taluk, Mandya district on 20th March 2023 at 6.30pm in the rama manidar temple. 4th Year B Pharm Students from our college played a street play with aim of creating an awareness among the public related to importance of Quality Education (SDG Goal 4). There's evidently a lot of work that needs to be done to make India's education truly accessible, safe and inclusive. The student theatre group, performed a powerful street play providing the message for the need of Quality education in rural areas. The play was useful for the villagers.

15 students participated in the same.



Street Play on “Prevention of Social Evils” on World Health Day

As part of the World Health Day the Department of Pharmacy Practice of JSS College of Pharmacy, Mysuru had organized a street play on the theme “Prevention of Social Evils” at the college quadrangle on 12 - 04 - 2023 from 04:00 PM to 05:00 PM. The play was witnessed by the Vice Principal, Administrative Officer, Teaching and Non-Teaching staff and students of the College. The street play was part of the World Health Day celebrations that fell on 7th April this year. The theme for this World Health Day is ‘Health for All’ and is part of the WHO Sustainable Development Goals No 3 - Good Health and Well Being. The play was performed by the students of IIIrd Year B Pharm. on the role of parents and teachers in the development of a child. The importance of academic growth as well as social and emotional development was depicted. Through the different enacted scenes, the play showed that enabling a collective decision by including a child’s participation rather than imposing the decision on the child provides better end-results. Focusing on the positives of a child and motivational awards for good behaviour or achievements can foster a conducive environment for the growth of the child and also improve self-esteem, which is a step towards preventing mental disorders. 8 students participated.



Awareness Program on Drug and Poison Information

The NSS Units of JSS College of Pharmacy and JSS College of Life Sciences in association with the Department of Pharmacy Practice at JSS College of Pharmacy conducted an educational awareness programme on Drug and Poison information at Ballenahalli village Srirangapatna taluk. The joint NSS Unit program was conducted on 28th & 29th March 2023 and the awareness program on Poison information was scheduled on the 28th of March. **Dr. Umesh M**, faculty at the Department of Pharmacy Practice at JSS College of Pharmacy, coordinated the event.

Information was provided to the public and villagers about the various activities carried out by the Poison Information Centre and Department of Pharmacy Practice. Posters creating awareness about common poisons and Toll-free number of the poison information centre were put up at the primary health care centre, schools, Gram panchayat office and public places like bus stand and also near the village temple of Ballenahalli Village. Pamphlets and education materials on poison information and various first aid measures to be followed in most commonly occurring poisoning incidents like snake bite, precautions and first aid measures to be followed while spraying pesticides, and to avoid poisoning in the elderly, and pediatric patients were distributed among the villagers. Also, the villagers were made aware of 24X7 Toll-Free number (1800 425 0207) and mobile number (+91 6363539153) for seeking the information on management of different types of poisoning cases. Information was also provided regarding the Poison Information Google App service that provides all the particulars about locally available poisonous substances and management of poisoning cases, first aid measures, and standard poison treatment protocols.

Dr. Umesh M, delivered a talk about about few first aid measures to be taken in case of snake bite, precautions to be taken while spraying pesticides, first aid measures to be followed to avoid poisoning in elderly and pediatric population. He also answered any questions posed by the audience about poisoning management. More than three hundred villagers are expected to be benefited from the program.



Also, during the awareness programme general public and villagers were educated on the poison information services, safe use of medicines, safety precautions to be taken while using medications in elderly population, children and also about safe storage of medications.

35 students participated in the same