## FIT INDIA CAMPAIGN – 29-08-2019

National Service Scheme, JSS Medical College Unit, in association with NSS units of constituent Colleges of JSS Academy of Higher Education & Research, had organized a live telecast of launch of Fit India campaign by Honourable Prime Minister of India, Sri. Narendra Modi, at the Auditorium of JSS College of Pharmacy, Mysore.

The live telecast was arranged between 10 A.M. and 11 A.M. on **29-08-2019.** NSS volunteers of all the units of JSSAHER along with other students and faculty of the constituent colleges took part in the event. Overall around 400 participants viewed the telecast which included 160 students from JSS Medical College and staff. The participants witnessed the colourful cultural events which preceded the address by the Prime Minister. Later on, the address of the Prime Minister to the citizens of India followed. Prime Minister in his address stressed upon the importance of fitness and the advantages of being fit and healthy. He also urged all the citizens to take a pledge to dedicate some time daily for physical activity to improve the fitness levels. The programme concluded with National anthem.