

Format for Submission of NSS Report 2018-19

National service scheme

REPORT FOR THE PERIOD ENDING : 2018 - 19

NAME OF THE PROGRAMME OFFICER : Dr. Sunil Kumar D

WHETHER PART TIME/FULL TIME : Full Time

DATE OF APPOINTMENT : 01/04/2013

DATE OF LAST ADVISORY COMMITTEE : 25/08/2018

NSS VOLUNTEERS STRENGTH : 100

TOTAL NO. OF STUDENT POPULATION OF THE COLLEGE : 950

NSS STRENGTH ALLOCATED BY UNIVERSITY : 100

ACTUAL NO. OF NSS VOLUNTEERS : 100

ACTUAL NO. OF NSS VOLUNTEERS : M-59, F-41, TOTAL= 100

PROGRAMME OFFICERS TRAINED/UNTRAINED : Trained

NAME OF VILLAGES ADOPTED :Metikuppe, HD kote Taluk
and BR Hills, Yelandur Taluk, Ramapura,
Hanur taluk.

FUNDS FOR NSS REGULAR/SPECIAL PROGRAMMES

FUNDS RECEIVED BY THE UNIVERSITY :

DAY OF RECEIPT:

AMOUNT RECEIVED: Rs.

FROM GOK NSS CELL

JSS MEDICAL COLLEGE
(Constituent College)
JSS Academy of Higher Education & Research
(Deemed to be University)
Accredited 'A+' Grade by NAAC



FOR REGULAR ACTIVITIES

FOR SPECIAL CAMPS

DAY OF RECEIPT:

DAY OF RECEIPT:

AMOUNT RECEIVED:

AMOUNT RECEIVED: Rs.

PER CAPITA EXPENDITURE FOR COLLEGE (Unit)

UNIVERSITY LEVEL : Rs. /volunteers

SPECIAL CAMPING PROGRAMME:

- I. TOTAL NO. OF VOLUNTEERS PARTICIPATED : 50**
- II. NO. OF CAMPS ORGANIZED : 01**

Activity description: (column under which no activity has been conducted may be left blank)

ACTIVITY DESCRIPTION:

(1) LITERACY

- 1.1 NO. STUDENTS VULUNTEERS PARTICIPATD :**
- 1.2 NO. OF VILLGE ADOPTED FOR TOTAL LITERACY :**
- 1.3 TOATAL NO. OF ILLITERATES :**
- 1.4 NO. OF PERSONS MADE LITERATE :**
- 1.5 NO. VILLAGES MADE FULLY LITERATE :**

(2) ENVIRONMENT/ WASTE LAND DEVELOPMENT AND CONSERVATION: 02

(3) HEALTH AND FAMILY WELFARE

- 3.1 HEALTH CAMPS : 21**
- 3.1.1 CAMPS CONDUCTED :**
- 3.1.2 DETAILS OF HEALTH PROGRAMMES ORGANISED: Given under**
AND BENEFICIARIES detail report

3.2. BLOOD DONATION CAMPS:

- 3.2.1 NO. OF BLOOD DONATION CAMPS CONDUCTED : 03**
- 3.2.2 NO. OF UNITS OF BLOOD COLLECTED : 432**

JSS MEDICAL COLLEGE

(Constituent College)

JSS Academy of Higher Education & Research

(Deemed to be University)

Accredited 'A+' Grade by NAAC



- 3.3. POPULATION EDUCATION :
3.4. ERADICATION OF DRUG ABUSE :
3.4.1 NO. OF AWARENESS CAMPINGS HELD : 24
3.4.2 NO. OF BEBENEFICIARIES : 11201
(4) PROGRAMME FOR WOMEN :
(5) WORK IN HOSPITALS :
5.1 NO. PERSONS BENEFITED : ----- PERSONS

(6) WORK DURING EMERGENCIES :

(7) AIDS AWARENESS :
7.1. NO. OF SCHOOLS IDENTIFIED : 76
7.2. NO. OF PROGRAMME OFFICERS TRAINED :
7.3 NO. PEER EDUCATORS TRAINED :
7.4 NO. OF BENEFICIARIS : 13520
(8) **Any other programme not covered above; please give statistical data in 50 words:** Narrated under regular/special camping activity of each unit.

Name and Signature of Principal

Name and Signature of NSS Programme Officer

PLACE:

PLACE:

DATE :

DATE :

Institutional NSS Advisory Committee Activities 2017-18

- 1. Composition –Members of NSS Advisory Committee**
- 2. Date(s) of conduct of NSS Advisory Committee**
- 3. Minutes and action taken report of NSS Advisory Committee**

SI No	Post held	Members
1.	Chairman	Dr Basavanagowdappa H
2.	Member secretary	Dr Sunil Kumar D
3.	Faculty representatives	Dr Purushothama Shastry
	a. Social Service Background(2)	Dr Renuka M
	b. Development Department(2)	Dr Balaraj BM
		Dr Prashant Vishwanath
4.	Members	Mr Satish Chandra SR Mr Gangadarappa K
5.	Assistant NSS program officers	Dr. Shivaprakash S Dr. Bharath T
6.	Student representatives (PG)	Dr Meghana N, Dr Amoghashree
7.	Student representatives (UG)	Miss Jyoti Chauhan & Mr.Suhas, Mr Rakesh

JSS MEDICAL COLLEGE

(Constituent College)

JSS Academy of Higher Education & Research

(Deemed to be University)

Accredited 'A+' Grade by NAAC



NSS Regular activities

Day & Date	Name of the programme	Place/Venue	Remarks/ Number of beneficiaries	Approximate Outcome in Rs.
14/06/2018	Blood donation camps	College Auditorium & JSS Hospital	780 units of blood was collected	1,72,000.00
16/04/2018	Free health checkup camps (BP, Blood sugar, body weight etc.)	Tribals & Villages	19500 beneficiaries	9,75,000.00
	Plantation programmes	Mysuru	52 saplings	520.00
	<u>Awareness Programmes/ Rallies/ Campaigns</u> <u>organised:</u> a) AIDS Awareness (No. of Programmes) b) Environment Awareness (No. of Programmes) c) Other Awareness Programmes 1) Environment Sensitization camps 2) Maternal & Child Health and Family Planning Camps 3) School Health Programme 4) Cancer Education 5) Adolescent Health Camps 6) Personal Hygiene for children 7) Dental & Oral Hygiene Camps 8) Awareness camps for Healthful Housing	Mysuru & Chamrajnagar Districts	12 1 02 22 175 14 18 39 1 12	

JSS MEDICAL COLLEGE

(Constituent College)

JSS Academy of Higher Education & Research

(Deemed to be University)

Accredited 'A+' Grade by NAAC



	9) Swach Vidyalaya Campaigns		32	
	10) Awareness campaigns on VISAKA		6	
	11) International YOGA day campaign.		22	
	12) Special Campaign to combat Malnutrition		12	
	13) National Youth Week		01	
	14) De-addiction Camps		12	
	15) World Population Day		01	
	16) World Malaria Day		01	
	17) World No-Tobacco day		01	
	18) World Earth Day		01	
	19) World Health Day		01	
	20) Republic Day		01	
	21) Independence Day		01	
	22) Kannada Rajyothsava Day		01	
	23) NSS Day		01	
	24) World Breastfeeding Week.		01	
	25) World Rabies Day		01	
	26) Swachhta Pakhwada		01	
			07	
Total				11,47,520/-

Detailed narrative report of each programme, Scanned copies of the News Paper report(s) and action photos

(Pls send the separate numbered photos in JPEG format with caption)

NSS- ASSAM CAMP

2-12 April 2018

- We arrived at Guwahati railway station on 5th April, 10:45. We had a 53 hour journey from Bangalore to Guwahati covering 7 states enroute. The camp site was 45 kms from Guwahati a rural area called Tetelia.
- We were welcomed with tea and some snacks and after refreshing and having lunch. We had the inaugural session where we introduced ourselves and we were told about the aim of the event which was to promote the youth and orient them towards Gandhian thoughts. Friends from various states including Bihar, Jharkhand, MP, Assam were present. Following which we had an interactive session and we were assigned some duties. The session ended with prayer and dinner was served.
- On the day two, we were taken on an outing to Pobitora Wildlife Sanctuary, a one horned rhinoceros reserve surrounded by a tributary of Brahmaputra. Then we went to Gouranga Mandir on the banks of Brahmaputra, before returning to the ashram. We had a session by a social worker. The day ended with some cultural exchanges and prayer.
- The third day started off with prayer and exercise and later some shram dhan where we help out the ashram members with cleaning and made a compost pit with the waste. Day 3 had three sessions. The first session was by Shri. Sanjoy Singha on Satyagraha. Session two was taken by Ms. Radha Bhatt, the first woman chairperson of Gandhi Peace foundation, a freedom fighter and an environmentalist trying to save the Himalayas. she shared her experiences as a freedom fighter in quit India movement and her precious times with Mahatma Gandhi. We had group discussions on various topics like economy, environment, lifestyle now , etc. Post lunch we had a session by Mrs. Deepti, from Gandhi Smarak Nidhi. The day ended with prayer and cultural performances.
- The final day of Titelia camp started as usual with prayer, exercise and Shram dhan. And we started off with the valedictory function. We all shared our experiences of the camp.

JSS MEDICAL COLLEGE
(Constituent College)
JSS Academy of Higher Education & Research
(Deemed to be University)
Accredited 'A+' Grade by NAAC



We were all bid good bye with a certificate, a traditional Assamese hat made of woven bamboo called Japi, various books on Gandhiji and some rice and tea powder grown in their fields.

As we bid farewell to the Ashram members in Tetelia we shifted to Gandhi Smarak Nidhi ashram in Guwahati city. A peaceful and nature friendly ashram amidst the chaos in the city centre.

- Our final day we, the Karnataka NSS team spent on a trip to Shillong, Meghalaya. It was a two hour car ride from Guwahati. We started off by visiting Umian Lake, next going to View point, Elephant falls and finally the Shillong peak. On reaching Guwahati, we visited the famous Kamakhya temple, successfully ending our trip to Assam.
- We left with wonderful memories on 10th April and safely reached Mysore on 12th April.

The camp was an experience not many would get with such great social reformers sharing their priceless experiences. We learnt to stay comfortable and happy with minimal facilities and making friends from different states and various fields. Last but not the least the simple but fascinating culture of Assam.!



JSS MEDICAL COLLEGE

(Constituent College)

JSS Academy of Higher Education & Research

(Deemed to be University)

Accredited 'A+' Grade by NAAC



JSS MEDICAL COLLEGE

(Constituent College)

JSS Academy of Higher Education & Research

(Deemed to be University)

Accredited 'A+' Grade by NAAC



JSS MEDICAL COLLEGE

(Constituent College)

JSS Academy of Higher Education & Research

(Deemed to be University)

Accredited 'A+' Grade by NAAC



“World AIDS Day 2018” - “Know Your Status”

The NSS Unit of JSS Medical College in collaboration of Department of Community Medicine and JSS Urban Health Centre jointly organised **“World AIDS Day 2018”** On 1 December 2018, with the objectives: Urge people to know their HIV infection status through testing, and to access HIV prevention, treatment and care services; and Urge policy-makers to promote a “health for all” agenda for HIV and related health services, such as tuberculosis (TB), hepatitis and noncommunicable diseases.

WHO will join global partners to commemorate World AIDS Day under the theme **“Know Your Status”**. This will also be an occasion to celebrate the 30th anniversary of World AIDS Day – a pioneering global health campaign first initiated by WHO in 1988.

The rally started from JSS Urban Health Centre, Bamboo Bazar, inaugurated by Dr. Champakamalini - medical officer, Sri. Basavanna - Head master, Government High School and Dr. Sunil Kumar D – NSS Program Officer. They rally went through all the roads of Bamboo Bazar and students were creating awareness by using slogans, play cards and health education materials regarding the AIDS causes and its prevention. Dr. Nagendra – Social worker coordinated the whole event. Dr. Nayanabai Shabadi, School teachers and other staff of JSS Urban Health center were present.

JSS MEDICAL COLLEGE

(Constituent College)

JSS Academy of Higher Education & Research

(Deemed to be University)

Accredited 'A+' Grade by NAAC



Inauguration of the Rally “World AIDS Day 2018” - “Know Your Status”

JSS MEDICAL COLLEGE

(Constituent College)

JSS Academy of Higher Education & Research

(Deemed to be University)

Accredited 'A+' Grade by NAAC



National Nutrition Week

The NSS Unit of JSS Medical College in collaboration of Department of Community Medicine and JSS Urban Health Centre jointly organised **“National Nutrition Week”**.



JSS MEDICAL COLLEGE

(Constituent College)

JSS Academy of Higher Education & Research

(Deemed to be University)

Accredited 'A+' Grade by NAAC



JSS MEDICAL COLLEGE

(Constituent College)

JSS Academy of Higher Education & Research

(Deemed to be University)

Accredited 'A+' Grade by NAAC



JSS MEDICAL COLLEGE

(Constituent College)

JSS Academy of Higher Education & Research

(Deemed to be University)

Accredited 'A+' Grade by NAAC



JSS MEDICAL COLLEGE

(Constituent College)

JSS Academy of Higher Education & Research

(Deemed to be University)

Accredited 'A+' Grade by NAAC



Dengue fever and chikungunya fever awareness program

The NSS Unit of JSS Medical College in collaboration of Department of Community Medicine and JSS Urban Health Centre jointly organised “Dengue fever and chikungunya fever awareness program”.



JSS MEDICAL COLLEGE

(Constituent College)

JSS Academy of Higher Education & Research

(Deemed to be University)

Accredited 'A+' Grade by NAAC



JSS MEDICAL COLLEGE

(Constituent College)

JSS Academy of Higher Education & Research

(Deemed to be University)

Accredited 'A+' Grade by NAAC



JSS MEDICAL COLLEGE

(Constituent College)

JSS Academy of Higher Education & Research

(Deemed to be University)

Accredited 'A+' Grade by NAAC



National Service Scheme – Free Health Checkup Camp

NSS Unit of JSS Medical College conducted its Annual Special Camp on 24th to 30th of March 2019 in the Tribal Haadi's of Ramapura Village, Kollegal Taluk, Chamrajanagar District. The camp was started on 24th March with a formal inauguration programme at Ramapura Village, Dr Shivaprakash S, formally welcomed the dignitaries. Dr Bharath T described the aim and objectives of NSS and mentioned the expectations from volunteers in the special camp. Inauguration and lighting the lamp was done by Pujya Sri Basavanna Swamy, Sri Shivarathreeshwara Branch Mutt, Gopishettiuru and Sri. Basavaraju S, Zilla panchayat member and presided by Sri. Rajshekar, retd Principal, Sri. Nagendra Prabhu P and other leaders of village were present on this occasion.

The free health checkup camps was organized across various villages and tribal haadis like Dinalli, Arjun Doddi, Gollara Dimba, MM Hills and Ramapura village of Kollegal Taluk, Chamrajanagar District.

A total of 1089 patients out of 19434 population got the benefits of the free camp. The patients above 40 years were screened for Diabetes, Hypertension and cardiovascular diseases using ECG. They were given treatment on spot with the help of specialists from General Medicine, Pediatrics and Gynaecology. The ones who are in need of advanced care were referred to JSS Hospital, Mysuru. Free Dental Health checkup camp was held on 28th of March where 86 people have participated and benefited. Street plays on important issues like Hand Hygiene, alcohol and tobacco ill effects were enacted by the NSS volunteers.

JSS MEDICAL COLLEGE
(Constituent College)
JSS Academy of Higher Education & Research
(Deemed to be University)
Accredited 'A+' Grade by NAAC



The valedictory programme of the camp was held in Ramapura village 30th of March 2019. Dr Sunil Kumar D. Dr Shivaprakash S, Dr Bharath T, Sri. Rajashekar and others were present on this occasion.



JSS MEDICAL COLLEGE

(Constituent College)

JSS Academy of Higher Education & Research

(Deemed to be University)

Accredited 'A+' Grade by NAAC



JSS MEDICAL COLLEGE

(Constituent College)

JSS Academy of Higher Education & Research

(Deemed to be University)

Accredited 'A+' Grade by NAAC



JSS MEDICAL COLLEGE

(Constituent College)

JSS Academy of Higher Education & Research

(Deemed to be University)

Accredited 'A+' Grade by NAAC



JSS MEDICAL COLLEGE

(Constituent College)

JSS Academy of Higher Education & Research

(Deemed to be University)

Accredited 'A+' Grade by NAAC



JSS MEDICAL COLLEGE

(Constituent College)

JSS Academy of Higher Education & Research

(Deemed to be University)

Accredited 'A+' Grade by NAAC



JSS MEDICAL COLLEGE

(Constituent College)

JSS Academy of Higher Education & Research

(Deemed to be University)

Accredited 'A+' Grade by NAAC



JSS MEDICAL COLLEGE

(Constituent College)

JSS Academy of Higher Education & Research

(Deemed to be University)
Accredited 'A+' Grade by NAAC



Programme Outcomes

Day /Date/Time	Name of the programme	Number of beneficiaries	Approximate outcome of the programme
24 th to 30 th of March 2019	Free Health Checkup Camp Annual Special Camp	19,434	9,71,700
Total		19,434	9,71,700

Name and Signature of Principal

Name and Signature of NSS Programme Officer

PLACE:

PLACE:

DATE :

DATE :