

Reports on Industrial Visits

Vth Pharm D

An educational tour was organized by the college from 30th January to 3rd February, 2019 for the 5th Pharm D students under the supervision of Dr. K P Arun and Ms. Deepalakshmi to Goa. Our journey began on 30th January and we reached our destination on 31st January. We visited the Calagute beach which is the largest beach in North Goa visited by thousands of tourists throughout the year. This was followed by a visit to Aguada Fort and its lighthouse, a well preserved 17th century Portuguese fort overlooking the Arabian sea. The day ended with a captivating sunset at Baga beach located in the north end of the contiguous beach stretch.

On the second day, we headed to Panaji city also known as Panajim, the capital of Goa, located on the banks of the Mandovi river. The city has cobbled stone streets lined with colourful villas and buildings depicting the Portuguese colonial era.

We visited the most revered Hindu pharmacy- a model community pharmacy conceptualized by Mr. Raj Vaidya, wherein not only dispensing but also all the duties for an ideal community pharmacist were being efficiently practiced. Health screening like measuring blood pressure, blood sugar, BMI calculation were extensively carried out.

We were given a demo of the patient education on insulin administration and glucometer handling etc. Training requirements for employees, maintenance of various registers, temperature logs etc were shown. We also got to see the insulin storage as well as alphabetically arranged drugs for quick retrieval.

Hindu pharmacy not only dispense allopathic medications but also compounded ayurvedic and homeopathic medicines like tinctures for common ailments. A detailed tour of the pharmacy and its working was provided to us.

This was followed by a visit to the Goa college of pharmacy. Escorted by the Principal, Dr. Gopal Krishna Rao, we got to visualize India's oldest pharmacy college and the working of various departments.

A visit to both these places aided our practical understanding towards the field of pharmacy and about the various tasks we can perform on a community level. By evening we visited a colonial Portuguese Baroque style church first built in 1541 as a chapel on a hill side overlooking the city of Panajim.

Our final day of the tour began with an enthralling experience at the Anjuna and Vagator beach where we got to do water sports like snorkeling, banana boat, parasailing and kayaking which was a moment that would be cherished for a lifetime. Visiting Goa and not seeing Old Goa maybe likened to visiting Rome and not seeing the Vatican. Such is the compelling nature of the history and ambience of old Goa where we headed later. It has a magnificent group of churches dating from 16th century upwards. The church of St. Augustine with its Corinthian columns and colossal bell tower, the church and convent of St. Francis of Assisi with its ornamented entrance a reminiscent of the Gothic style, the Basilica of Bom Jesus which holds the mortal remains of St. Francis Xavier are a few of the stately monuments of old Goa which we go to see. The tour concluded with a night watch at Colva beach which was peaceful and calm with just the sound of waves crashing against the shore.

One's destination is never a place, but a new way of seeing things. As a whole it was a wonderful and memorable trip that brought us closer. We are grateful to Dr. Dhanabal, Principal, JSS College of Pharmacy Ooty and the teachers who had accompanied us for making this trip safe and fun- filled.

"Time flies but memories lasts forever"

