

## **Report on Special Camp by NSS Unit**

A weeklong dental camp was conducted between the 30<sup>th</sup> of January to the 5<sup>th</sup> of February 2019. This camp was organized by the NSS units of JSS Dental College and Hospital. The venue of the camp was Biligirirangana Hills, Chamraj Nagar District. Due to the wide publicity which was carried out before the camp around 350 residents in and around the village were benefited. More than 50 volunteers served during that one week. Dental check-ups along with treatment of minor dental problems were done. Free medicines were distributed to all the patients. The camp was inaugurated on the 30<sup>th</sup> by our principal Dr. Ravindra along with the Assistant Administrative Officer Mr. Veerabadradaswamy, Mrs. Anushree. Tree saplings were planted on the JSS Guest House Campus, BR Hills by the guests.

On the 31<sup>st</sup> of January, the NSS volunteers interacted with the Soliga tribes, the natives of BR Hills and understood their way of life. Knowledge was imparted to them regarding the need for maintaining good oral hygiene as well as how to achieve good oral hygiene. The volunteers were taken into the forest where the tribes live and got an idea as to how different the native tribes and we live our lives. For the evening session, the Soliga tribes did a dance performance for us to show us their culture and their beliefs. It was definitely a once in a lifetime time opportunity.

On the 1<sup>st</sup> of February, the NSS volunteers visited the Government School in BR Hills, where dental screening and treatment which was done in the Mobile Dental Van. The children were also educated on Brushing Techniques and Hand washing in order to keep themselves disease free as well as to maintain proper oral and body hygiene. For the evening session we watched a documentary on BR Hills and the culture and beliefs of the Soliga tribes. This documentary was called Gorukana which was made by Dr. Sudarshan, who is a social worker, working towards the benefit of the tribes.

On the 2<sup>nd</sup> of February, a dental screening and treatment camp was carried out in the VGKK School, . All 350 children were screened and each child was treated at least in the form of pit and fissure sealants or scaling. The children of the school were very happy and content with the treatment that was provided to them.

On the 3<sup>rd</sup> of February, the Mobile dental clinic was taken into the dwelling areas of the Soliga Tribes so as to provide treatment to them. Even though the Soligas have the ideas of treating conditions with naturally available medicinal plants, they were open to our ideas of treatment were open minded to accept the treatment that we were offering. Treatments like scaling, extractions and restorations were given to them. They were very welcoming and kind hearted people. For our evening cultural session, Patriotic songs were sung along with lighting candles around the India map.

On the 4<sup>th</sup> of February all the NSS volunteers went to the SDVE School, Yelandur where a screening as well as treatment camp was conducted for all the children, starting from play school till the 8<sup>th</sup> Grade. All children were given some treatment along with oral hygiene instructions. In each classroom a demonstration on brushing technique as well as hand washing was given in order to motivate the children to maintain better oral and general body hygiene. The camp concluded on 5<sup>th</sup> feb-2019.

The entire week overall was a very service driven and informative week. The camp also opened our minds to the different types of life people can live and that we have to be thankful and grateful for all that we have.